

## Lesson Plan 6

**Pony club Venue:** Wingham

**Date:** 5.7.2009

### Rider:

Karli  
Chelsea  
Sarah  
Tahnee  
Courtney

### Pony:

Foe  
Sprite  
Buttons  
Jazz  
Elmo

### Topic and goals for session:

- 1: Teach rider to stop
- 2: Teach rider to move forward
- 3: Teach rider to turn there pony

### Equipment needed and layout:

Pegs or cones for turning points  
Poles to outline track  
Poles for walkway

### Introduction for session:

Introduce your self and the ask students to do the same  
Today we will be learning how to halt, move forward and turn your pony safely

### Gear Check:

Basic gear check

### Warm up activities and rider exercises:

Walking a 20m circle making sure hand, heels and body are correct, correct distance between horses, Assess rider's ability

### New Skill:

Halt move forward and turn aids.

### Key teaching points and demonstration method:

**Halt Aids:** Sit deep in saddle, Legs on gently and ask with your reins for a halt. Voice can also be used  
**Move Forward Aids:** Release rein, ask with pressure from leg aids then tell with a kick and make with a whip if needed, PRAISE  
**Turning Aids:** Ask with inside rein and outside leg gentle pressure look were going

### Practice activities:

Using poles \_\_\_\_\_ asking rider to ride between poles and after all riders are confident we will then ask for halt  
between the poles ask them to move off and either turn left or right at the pole \_\_\_\_\_ \* and continue back threw  
the poles. When all riders are confident to make it more challenging and interesting decrease the distance between the poles,  
Praise for job well done. For older children you could ask for trot.

### Cool Down:

Walking circle then form a troop line

### Session evaluation and summary:

Ask kids for feed back what have you learnt? Did you have fun? What do you have to remember? A positive for each child  
something for them to work on and praise for a well ridden task, Number off in ½ sections get evens to move forward 2 horses  
lengths and dismount safely lead horses safely off.